

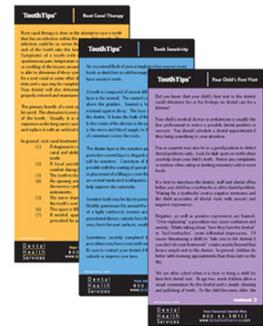
Dental Health Services and wellness

The mouth is both a reflection of, and a window into, a person's general health status. With more than 90 percent of all systemic diseases displaying some sort of oral symptoms, one's mouth acts as a good indicator of general infection, stress, and nutritional deficiencies among others. It can also provide warnings about cardiovascular and other systemic ailments.

With this in mind, Dental Health Services offers the following four programs to National Gypsum and its employees to help contribute to the company's overall wellness initiative.

ToothTips

Dental Health Services' unique series of ToothTips provide basic oral health information on such areas as brushing and flossing, but also offer details on less familiar topics, including crowns and bridges, root canal therapy, oral surgery, periodontal disease, and what parents can expect during their child's first visit to the dentist's office. ToothTips contribute to member understanding of basic oral health, and open the door to more detailed discussions with their dentist.



Workplace posters and handouts

When displayed in the workplace, these posters serve as a reminder of the dental coverage available to employees, offer tips on how to best use their benefits, and provide insight on how they can get help. An employee that knows their benefits is more likely to address small oral health problems before they turn into more complicated (and more expensive) issues. Smaller handouts are also available to distribute as take-home pieces to employees and their families.



Question and answer sessions

Although Dental Health Services' ToothTips, workplace posters, and handouts can help plan members more easily understand their benefits, how to use them, and how to get the preventive care they need, in-person question and answer sessions with our knowledgeable Group Service Specialists have proven to be the most effective method of member education. Sessions can be scheduled at the group's convenience.

Dentist Is In sessions

Dental Health Services also contributes to improved member understanding by offering to bring in a licensed dentist to answer employees' oral health-related questions. These sessions, which allow questions to be answered in a comfortable, relaxed environment, can also be scheduled at the group's convenience.